

DISHES AND THEIR ALLERGEN CONTENT – Week 1

Contains

O May Contain

wheat
Rye
Oats
Barley
Wainuts
Pistachio Nuts
Pecan Nuts
Macadamia Nuts
Hazelnuts
Cashew Nuts
Brazil Nuts
Almonds
Nuts
Sulphur Dioxide & Sulphites
Soya
Sesame
Peanuts
Mustard
Molluscs
Milk
Lupin
Fish
Eggs
Crustaceans
Cereals containing Gluten
Celery

[illegible]

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Baguette 32391	34.3g
Bun 5222	26g
Wrap 4381	
Bread Greggs	
Apple Crumble	46.23g
Flour	
Cooking & Baking 129273	
Granulated Sugar	
Apples, tinned 5552	
Fruit	
Yogurt 103655	0.1g
Chicken Tikka Wrap	32.5g
Cheese	
Iceberg Lettuce, Tomatoes	
Tortilla Wrap 4381	
Diced Chicken Breast 70946	
Tikka Sauce 89708	
Rice 33630	11g
Sweetcorn	
Roast Gammon 70008	0
Pineapple 151998	0.10g
New Potatoes 10420	21g

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