Solihull Catering Services would like to advise you of the upcoming menus and promotional fun days.

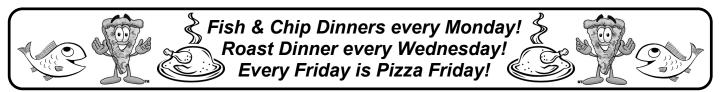
We would like to encourage more children to eat lunch with us.

Those entitled to free school dinners (including all infant children) can participate for free and this is a great opportunity for your child to eat a healthy balanced diet in a fun atmosphere alongside their friends.

If you would like your child to join us, please use the Parent-Pay facility where applicable.

LOOK OUT FOR PROMOTIONAL MENUS AND THEMED DAYS DESIGNED TO MAKE LUNCHTIME MORE FUN AND INTERESTING!

#### Allergen information is available on request – contact the kitchen if needed



Monday 20 January

Beef Lasagne Fish Fingers Quorn Fingers Filled Jackets and Baguettes Melting Moments Fruit, Yoghurt, Rice Pudding,

Cheese & Crackers

Tuesday 21 January

All Day Breakfast Cornish Pasty Vegetarian Breakfast € Filled Jackets and Baguettes Banana Loaf & Custard. Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Wednesday 22 January

Roast Pork & Apple Sauce Chicken Breast & Stuffing Quorn Roast & Stuffing Filled Jackets and Baguettes Apple Crumble & Custard. Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Thursday 23 January Pork Meteor-balls

Cheese Worlds Yuri's UFO Burgers Filled Jackets and Baguettes Shortbread Stars. Rocket Lollies, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers Friday 24 January

Pizza Bacon Steak Vegetable Lasagne Filled Jackets and Baguettes Chocolate Flapiack. Fruit, Yoghurt, Rice Pudding, Cheese & Crackers



#### Man on the Moon Yr 1 topic Thursday 23rd January



Monday 27 January

Seaside Fish & Chips Chicken Curry Quorn & Broccoli Bake Filled Jackets and Baguettes Bakewell Tray Bake, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Tuesday 28 January

Beef Grill Pork Loin Slice Macaroni Cheese Filled Jackets and Baguettes Iced Fruit Smoothie Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Wednesday 29 January

Roast Beef or Pulled Pork with Yorkshire Pudding Quorn Tikka Pasty Filled Jackets and Baguettes Chocolate & Orange Sponge & Custard, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Thursday 30 January

Chicken and Noodles Sweet & Sour Quorn **Quorn Dippers** Filled Jackets and Baguettes Chinese Almond Cookies, Rat Cookies, Mango Smoothies, Fruit, Yoghurt, Rice Pudding,

Friday 31 January

Pizza Salmon Fillet Quorn Kentucky Burger in a Filled Jackets and Baquettes Apple Sponge & Custard, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers



# Chinese New Year Dinner Thursday 30th January - Year of the Rat



Chicken Goujons in a Wrap Bacon Steak & Pineapple Seaside Fish & Chips Filled Jackets and Baguettes Chocolate Shortbread. Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Tuesday 4 February

Pork/Beef Sausages € Sweet Chilli Chicken Vegetarian Sausage Filled Jackets and Baguettes Ice Cream Sponge. Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Wednesday 5 February

Chicken Breast & Stuffing Cottage Pie Quorn Roast Filled Jackets and Baguettes Apple Strudel & Custard, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Thursday 6 February

Cheese & Crackers

Hawawshi (mincemeat cooked in a pitta) Ruzz-Bi-L Khudar (savoury veg & rice) Cheese & Tomato Pasta (non Egyptian)

Filled Jackets and Baguettes Basboosa (Egyptian Sponge) Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Friday 7 February

Pizza **Quorn Dippers** Vegetarian Keema Curry Jackets and Baguettes Lancashire Biscuits. Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

# Walk Like an Egyptian Yr 6 topic Thursday 6th February

Monday 10 February

Beef Lasagne Fish Fingers **Quorn Fingers** Filled Jackets and Baguettes Melting Moments Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Tuesday 11 February

All Day Breakfast Cornish Pasty Vegetarian Breakfast @ Filled Jackets and Baguettes Banana Loaf & Custard, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Wednesday 12 February

Roast Pork & Apple Sauce Chicken Breast & Stuffing Quorn Roast & Stuffing Filled Jackets and Baguettes Apple Crumble & Custard, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Thursday 13 February

Pork Meatballs Cheese Whirl Quorn Swedish Balls Filled Jackets and Baguettes Fruit Muffin, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers

Friday 14 February

Perfect Pizza Beloved Bacon Steak Lovely Lasagne Filled Jackets and Baguettes Valentines biscuits & cakes, Fruit, Yoghurt, Rice Pudding, Cheese & Crackers



### Valentines Lunch Friday 14th February

