

## Recipe with Allergens

acoulli@solihull.gov.uk

| Product Description |                                   | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|-----------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                   | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| R00241P             | 1/2 Jacket Potato -PRIMARY        | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | ○                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 2578                | Baking Potatoes x 60 - PRIMARY    | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | ○                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 33568               | Rapeseed Oil                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R00232P             | Baked Beans - PRIMARY             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 28758               | Baked Beans, Reduced Salt & Sugar | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R01330P             | Bean Casserole - Prim             | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |   |  |
| 6437                | Chopped Tomatoes                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2521                | Cooking Onions                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 33592               | Dried Oregano                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 33686               | Garlic Powder                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 34002               | Ground Cumin                      | ◐        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ◐                         | ○      |   |  |
| 2633                | Limes                             | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |   |  |
| 114103              | Maggi GF Vegetarian Gravy         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ◐                             | ○    | ○      | ◐       | ○       | ◐        | ○    | ○     | ◐    | ○    | ○           | ◐                         | ○      |   |  |
| 33568               | Rapeseed Oil                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 10143               | Red Kidney Beans                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2722                | Red Peppers                       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |

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|---------------------|------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                              | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| Product Description |                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
| 2835                | Sweet Potato White           | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 4782                | Sweetcorn                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 00035               | Tap Water                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R00123P             | Broccoli - Primary           | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 4748                | Broccoli Florets 40/60mm     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R01346P             | Brown Bread - Primary        | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 86206               | Brown Bread & Roll Mix       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 00035               | Tap Water                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R00242P             | Cabbage - Fresh - Primary    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2510                | Cabbage Savoy                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R00281J             | Cheese Whirl - Junior        | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 71268               | Cheese - Grated Mature White | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 115053              | Colmans English Mustard      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2521                | Cooking Onions               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 4802                | Free-Range Eggs              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |

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| Product Description |                                   | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |                                  |                       |                       |                                  |                       |                                  |                       |
|---------------------|-----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|
|                     |                                   | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                  | Sesame                | Peanuts               | Mustard               | Molluscs              | Milk                             | Lupin                 | Fish                  | Eggs                             | Crustaceans           | Cereals containing Gluten        | Celery                |
| 33578               | Ground White Pepper               | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 3037                | Parsley x 200g                    | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 3399                | Potatoes - Prepared Aviko         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 4303                | Puff Pastry Sheets 58x36cm        | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| 2750                | Tomatoes Fresh                    | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| R01332P             | Chicken & Sweetcorn Pie - Primary | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| FA620               | Diced Chicken 50/50               | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 4802                | Free-Range Eggs                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 129273              | Margarine                         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 100222              | Plain Flour                       | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| 4303                | Puff Pastry Sheets 58x36cm        | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| 33568               | Rapeseed Oil                      | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 3243                | Sweetcorn                         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 19665               | UHT Semi Skimmed Milk             | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| R00228P             | Chips - Ovenbaked - Primary       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 36141               | Oven Chips Healthier Choices      | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |

## Recipe with Allergens

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|                     |                                                  | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|--------------------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                                  | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| Product Description |                                                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R00387J             | Chocolate Beet Cake (B) - Junior                 | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2513                | Carrots - Fresh                                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 350098              | Caster Sugar                                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 10678               | Cocoa powder                                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2729                | Cooked Beetroot 1 x250g                          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4802                | Free-Range Eggs                                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ●           | ○                         | ○      |  |  |
| 129273              | Margarine                                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 100243              | Orange Juice 1ltr                                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 9711                | Self Rasing Flour                                | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00040P             | Creamed Potatoes ( Fresh) - PRIMARY              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ●     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 129273              | Margarine                                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 3037                | Parsley x 200g                                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 3399                | Potatoes - Prepared Aviko                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 19665               | UHT Semi Skimmed Milk                            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ●     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01339P             | Creamy Rice Pudding with Fruit Compote - Primary | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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|                     |                                       | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|---------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                       | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| Product Description |                                       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 89206               | Apricot Halves In Juice               |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 5946                | Cornflour                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 114961              | Granulated Sugar                      |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 88599               | Peach Slices In Juice                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 544                 | Short Grain Pudding Rice              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 19665               | UHT Semi Skimmed Milk                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R01351              | Crushed Potatoes with Onion - Primary |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 129273              | Margarine                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 3399                | Potatoes - Prepared Aviko             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 106521              | Sliced Onions                         |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 19665               | UHT Semi Skimmed Milk                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R00107P             | Daily Salad Bar                       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 2513                | Carrots - Fresh                       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 2704                | Cucumbers                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 131394              | Diced Beetroot in water               |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 2721                | Green Pepper                          |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |

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|                     |                                  | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
|---------------------|----------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|
|                     |                                  | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |
| Product Description |                                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2709                | Iceberg Lettuce                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 4782                | Sweetcorn                        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2750                | Tomatoes Fresh                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| R00279P             | Fish Finger - Primary            |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 115800              | Youngs Free From MSC Fish Finger |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| R01349P             | Fruit Platter 1                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2651                | Conference Pears                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2606                | Dessert Apples                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2646                | Oranges Med                      |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| R01350P             | Fruit Platter 2                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2618                | Banana-med                       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2651                | Conference Pears                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 2646                | Oranges Med                      |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| R01343P             | Garlic Bread - Primary           |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
| 86206               | Brown Bread & Roll Mix           |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |

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| Product Description |                                | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|--------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| 33686               | Garlic Powder                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00043              | Gravy - Gluten Free Vegetarian | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ◐       | ○        | ◐    | ○     | ○    | ◐    | ○           | ○                         | ◐      | ○ |  |
| 114103              | Maggi GF Vegetarian Gravy      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ◐       | ○        | ◐    | ○     | ○    | ◐    | ○           | ○                         | ◐      | ○ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01344P             | Herb Bread                     | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 86206               | Brown Bread & Roll Mix         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 33590               | Mixed Herbs                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00640P             | Lasagne - Lamb - PRIMARY RTU   | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ●                         | ○      | ○ |  |
| 10468               | Bechamel Sauce                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2521                | Cooking Onions                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 28323               | Lasagne sheets                 | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ●                         | ○      | ○ |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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| Product Description |                             | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|-----------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                             | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| FA228               | Minced Lamb                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 114938              | Passata Sauce               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 33568               | Rapeseed Oil                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 28326               | Tomato Paste                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01336P             | Mild Beef Korma - Primary   | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | ●    | *      | *       | *       | *        | ●    | *     | *    | *    | *           | *                         | *      | * |  |
| 89965               | Beef Bouillon               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 00515               | Brake Beef Mince 20% Fat    | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 2702                | Celery                      | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 11850               | Coconut Milk                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2521                | Cooking Onions              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 3024                | Coriander                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 112256              | Easiyo Natural Yoghurt Base | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 3036                | Garlic                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2808                | Ginger Fresh Root           | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 33597               | Ground Coriander            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2631                | Lemons Med                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |

## Recipe with Allergens

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| Product Description |                                                    | Contains                         |                                  |                                  |                                  |                                  |                                  |                                  |                                  |                                  |                                  |                                  |                                  |                                  |                                  |
|---------------------|----------------------------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
|                     |                                                    | Wheat                            | Rye                              | Oats                             | Barley                           | Walnuts                          | Pistachio Nuts                   | Pecan Nuts                       | Macadamia Nuts                   | Hazelnuts                        | Cashew Nuts                      | Brazil Nuts                      | Almonds                          | Nuts                             | Sulphur Dioxide and Sulphites    |
| 85702               | Sultanas                                           | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 28326               | Tomato Paste                                       | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| <b>R00959P</b>      | <b>Natural Yoghurt Easiyo - with Fruit Topping</b> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input checked="" type="radio"/> |
| 127451              | Easiyo Fruit Topping - Mixed                       | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 112256              | Easiyo Natural Yoghurt Base                        | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input checked="" type="radio"/> |
| 00035               | Tap Water                                          | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| <b>2579</b>         | <b>New Potatoes</b>                                | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> |
| <b>R01335P</b>      | <b>Oaty Apricot Crumble - Primary</b>              | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 89206               | Apricot Halves In Juice                            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 114961              | Granulated Sugar                                   | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 129273              | Margarine                                          | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 114868              | Oatflakes                                          | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 100222              | Plain Flour                                        | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| <b>R00368P</b>      | <b>Pasta - Portion Primary</b>                     | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |
| 89179               | Wholemeal Fusilli Pasta                            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            |

## Recipe with Allergens

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| Product Description |                                           | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|-------------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                           | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| R01338P             | Peach Marble Sponge - Primary             | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 35023               | Baking Powder                             | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 10678               | Cocoa powder                              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4802                | Free-Range Eggs                           | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ●    | ○           | ○                         | ○      |  |  |
| 114961              | Granulated Sugar                          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 129273              | Margarine                                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 88599               | Peach Slices In Juice                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 100222              | Plain Flour                               | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 33568               | Rapeseed Oil                              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 19665               | UHT Semi Skimmed Milk                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 86874               | Vanilla Flavouring                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00208P             | Peas Frozen - PRIMARY                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4599                | Peas Catering                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00058P             | Pizza - Cheese and Tomato - PRIMARY       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 54496               | McCains Multi Serve Cheese & Tomato Pizza | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

## Recipe with Allergens

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| Product Description |                                  | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|----------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                  | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| R00218P             | Potato Wedges - Primary          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 350028              | Potato Wedges                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01357              | Quorn Goujon Wrap - Primary      | ●        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | ●    | *     | *    | ●    | *           | ●                         | *      |  |  |
| 2709                | Iceberg Lettuce                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 00518               | Labo Tortilla Wrap 8"            | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |  |  |
| 32561               | Quorn Dippers 21g                | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ●    | ○           | ●                         | ○      |  |  |
| R00303P             | Rice - Primary 50g Portion       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 16804               | Brakes Easy Cook Long Grain Rice | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01340P             | Roast Pork Shoulder - Primary    | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |  |  |
| 2601                | Cooking Apples                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 00516               | Pork Shoulder Boneless RT        | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |  |  |
| 00035               | Tap Water                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00212P             | Roast Potatoes - PRIMARY         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 3399                | Potatoes - Prepared Aviko        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

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|                     |                                              | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
|---------------------|----------------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|
|                     |                                              | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |
| Product Description |                                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00998P             | Roasted Vegetables - Primary                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2513                | Carrots - Fresh                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2515                | Courgette - Fresh                            |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2516                | Leeks - Fresh                                |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 33568               | Rapeseed Oil                                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2720                | Red Onions                                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2722                | Red Peppers                                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
|                     |                                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00124P             | Sliced Carrots - Primary                     |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 33453               | Brakes Sliced Carrots 1x2.5kg                |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
|                     |                                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00490A             | Strawberry and Vanilla Mousse Tub 100ml      |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      | ●     |      |      |             |                           |        |  |
| 133793              | Strawberry & Vanilla Swirl Vegetarian Mousse |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      | ●     |      |      |             |                           |        |  |
|                     |                                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00209P             | Sweetcorn Frozen Primary                     |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 4782                | Sweetcorn                                    |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
|                     |                                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R01341P             | Tomato Bread - Primary                       | ●        |     |      |        |         |                |            |                |           |             |             |         |      |                               | ●    |        |         |         |          |      | ◐     |      |      | ◐           |                           | ●      |  |
| 86206               | Brown Bread & Roll Mix                       | ●        |     |      |        |         |                |            |                |           |             |             |         |      |                               | ●    |        |         |         |          |      | ◐     |      |      | ◐           |                           | ●      |  |

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| Product Description |                              | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                              | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| 399                 | Soft Bap Mix, McDougalls     | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 00035               | Tap Water                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 28326               | Tomato Paste                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00088P             | Vegetable Lasagne - PRIMARY  | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ●       | ○        | ●    | ○     | ○    | ○    | ○           | ●                         | ○      |  |  |
| 2513                | Carrots - Fresh              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 71268               | Cheese - Grated Mature White | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 6437                | Chopped Tomatoes             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 115053              | Colmans English Mustard      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ●       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2521                | Cooking Onions               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 85120               | Cooking Salt                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2515                | Courgette - Fresh            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 3036                | Garlic                       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2721                | Green Pepper                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 33578               | Ground White Pepper          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 28323               | Lasagne sheets               | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ●                         | ○      |  |  |
| 129273              | Margarine                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

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|                     |                             | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|-----------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                             | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| Product Description |                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 33590               | Mixed Herbs                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 33585               | Paprika Pepper              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 3037                | Parsley x 200g              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 100222              | Plain Flour                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 00035               | Tap Water                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 28326               | Tomato Paste                |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 2750                | Tomatoes Fresh              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 19665               | UHT Semi Skimmed Milk       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R01342P             | White Bread - Primary       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 399                 | Soft Bap Mix, McDougalls    |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 00035               | Tap Water                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R01345P             | White/Brown Bread - Primary |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 86206               | Brown Bread & Roll Mix      |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 399                 | Soft Bap Mix, McDougalls    |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 00035               | Tap Water                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |

## Recipe with Allergens

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| Product Description |                                   | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|-----------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                   | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| R00241P             | 1/2 Jacket Potato -PRIMARY        | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | ○                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 2578                | Baking Potatoes x 60 - PRIMARY    | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | ○                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 33568               | Rapeseed Oil                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R00232P             | Baked Beans - PRIMARY             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 28758               | Baked Beans, Reduced Salt & Sugar | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 4510                | Baton Carrot                      | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| R01238              | Beef Bolognese                    | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 00515               | Brake Beef Mince 20% Fat          | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 2513                | Carrots - Fresh                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 6437                | Chopped Tomatoes                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 2521                | Cooking Onions                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 85120               | Cooking Salt                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 3036                | Garlic                            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 33578               | Ground White Pepper               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 00035               | Tap Water                         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

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|                     |                                             | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|---------------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                             | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| Product Description |                                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 28326               | Tomato Paste                                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 100445              | Vegetable Bouillon                          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00123P             | Broccoli - Primary                          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4748                | Broccoli Florets 40/60mm                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01346P             | Brown Bread - Primary                       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ◐     | ○    | ○    | ◐           | ○                         | ●      |  |  |
| 86206               | Brown Bread & Roll Mix                      | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ◐     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 00035               | Tap Water                                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2513                | Carrots - Fresh                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00228P             | Chips - Ovenbaked - Primary                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 36141               | Oven Chips Healthier Choices                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01255A             | Chocolate and Vanilla Mousse Tub 100ml      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ●     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 133792              | Chocolate & Vanilla Swirl Vegetarian Mousse | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ●     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01334P             | Chocolate Custard                           | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ●     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 10678               | Cocoa powder                                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
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| Product Description |                                       | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|---------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                       | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| 5946                | Cornflour                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 13573               | Dried Skimmed Milk Powder             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 114961              | Granulated Sugar                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 00035               | Tap Water                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 86874               | Vanilla Flavouring                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00930P             | Coleslaw- Home Made 25g PTN - Primary | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ◐        | ○    | ○     | ○    | ○    | ◐           | ○                         | ○      | ○ |  |
| 2513                | Carrots - Fresh                       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2606                | Dessert Apples                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2512                | Salad Cabbage                         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2522                | Spanish Onions                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 126924              | Vegan Mayonnaise                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ◐       | ○        | ○    | ○     | ○    | ◐    | ○           | ○                         | ○      | ○ |  |
| R00040P             | Creamed Potatoes ( Fresh) - PRIMARY   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 129273              | Margarine                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 3037                | Parsley x 200g                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 3399                | Potatoes - Prepared Aviko             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 19665               | UHT Semi Skimmed Milk                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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| Product Description |                                | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|--------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| R00107P             | Daily Salad Bar                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2513                | Carrots - Fresh                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2704                | Cucumbers                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 131394              | Diced Beetroot in water        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2721                | Green Pepper                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2709                | Iceberg Lettuce                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 4782                | Sweetcorn                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2750                | Tomatoes Fresh                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00437J             | Fish Finger Wrap               | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | ●    | *           | *                         | *      | * |  |
| 2578                | Baking Potatoes x 60 - PRIMARY | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | ○                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 2704                | Cucumbers                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2709                | Iceberg Lettuce                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 00518               | Labo Tortilla Wrap 8"          | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      | * |  |
| 2631                | Lemons Med                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 33568               | Rapeseed Oil                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 126924              | Vegan Mayonnaise               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |

## Recipe with Allergens

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| Product Description |                                    | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
|---------------------|------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|
|                     |                                    | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |
| 115800              | Youngs Free From MSC Fish Finger   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ●    | ○    | ○           | ○                         | ○      |
| R01354              | Fish with Crispy Crumb - Primary   | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | ●                             | *    | *      | *       | *       | *        | ●    | *     | *    | *    | *           | *                         | *      |
| 33853               | Brakes Natural Breadcrumbs 1x3.5kg | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |
| 71268               | Cheese - Grated Mature White       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         |        |
| 2521                | Cooking Onions                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 33686               | Garlic Powder                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 114947              | Lemon Juice Concentrate            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ●    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 3037                | Parsley x 200g                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 33568               | Rapeseed Oil                       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| R01349P             | Fruit Platter 1                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 2651                | Conference Pears                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 2606                | Dessert Apples                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 2646                | Oranges Med                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| R01350P             | Fruit Platter 2                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |
| 2618                | Banana-med                         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         |        |

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|                     |                                | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|--------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| Product Description |                                |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
| 2651                | Conference Pears               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2646                | Oranges Med                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01343P             | Garlic Bread - Primary         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 86206               | Brown Bread & Roll Mix         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 33686               | Garlic Powder                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00043              | Gravy - Gluten Free Vegetarian | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ◐       | ○        | ◐    | ○     | ○    | ◐    | ○           | ○                         | ○      | ◐ |  |
| 114103              | Maggi GF Vegetarian Gravy      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ◐       | ○        | ◐    | ○     | ○    | ◐    | ○           | ○                         | ○      | ◐ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01344P             | Herb Bread                     | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 86206               | Brown Bread & Roll Mix         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 33590               | Mixed Herbs                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |

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|                     |                                   | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|-----------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                   | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| Product Description |                                   |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R00204P             | Ice Cream Portion - PRIMARY       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4520                | Soft Scoop Vanilla Ice Cream      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00878P             | Jam Crumble Bar - Primary         | ●        | ○   | ●    | ◐      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ●                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ●    | ○           | ●                         | ○      |  |  |
| 35023               | Baking Powder                     | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ●                         | ○      |  |  |
| 350098              | Caster Sugar                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 33739               | Catering Mix Fruit Jam            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ●                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4802                | Free-Range Eggs                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ●    | ○           | ○                         | ○      |  |  |
| 129273              | Margarine                         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 114868              | Oatflakes                         | ◐        | ○   | ●    | ◐      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 100222              | Plain Flour                       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 9711                | Self Rasing Flour                 | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 350102              | Soft Brown Sugar                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 19665               | UHT Semi Skimmed Milk             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00324P             | Jelly with Tinned Fruit - Primary | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 15882               | Jelly Crystals Veg, McDougalls    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 88599               | Peach Slices In Juice             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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|                     |                                             | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                                  |                       |                       |                       |                                  |                       |                                  |                       |                       |                       |                       |                                  |                       |  |  |
|---------------------|---------------------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|--|--|
|                     |                                             | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                             | Sulphur Dioxide and Sulphites    | Soya                  | Sesame                | Peanuts               | Mustard                          | Molluscs              | Milk                             | Lupin                 | Fish                  | Eggs                  | Crustaceans           | Cereals containing Gluten        | Celery                |  |  |
| Product Description |                                             | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00032P             | Macaroni Cheese - PRIMARY                   | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 71268               | Cheese - Grated Mature White                | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 115053              | Colmans English Mustard                     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 129273              | Margarine                                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 100222              | Plain Flour                                 | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 1872                | Short Cut Macaroni                          | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 2750                | Tomatoes Fresh                              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 19665               | UHT Semi Skimmed Milk                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 119731              | N GF Pork Meatballs                         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00959P             | Natural Yoghurt Easiyo - with Fruit Topping | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 127451              | Easiyo Fruit Topping - Mixed                | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 112256              | Easiyo Natural Yoghurt Base                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00208P             | Peas Frozen - PRIMARY                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |

## Recipe with Allergens

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| Product Description |                                | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                       |                       |                       |                       |                                  |                       |                       |                                  |                       |                                  |                       |
|---------------------|--------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|
|                     |                                | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                             | Sesame                | Peanuts               | Mustard               | Molluscs              | Milk                             | Lupin                 | Fish                  | Eggs                             | Crustaceans           | Cereals containing Gluten        | Celery                |
| 4599                | Peas Catering                  | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| R00117P             | Pizza - Homemade Primary       | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| 71268               | Cheese - Grated Mature White   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 2521                | Cooking Onions                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 114938              | Passata Sauce                  | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 399                 | Soft Bap Mix, McDougalls       | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| 00035               | Tap Water                      | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |
| R00218P             | Potato Wedges - Primary        | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 350028              | Potato Wedges                  | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 2581                | Potatoes                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| R00037P             | Roast Chicken Breast - Primary | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| FA6082              | Chicken Breast 60g Red Tractor | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| R00212P             | Roast Potatoes - PRIMARY       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |
| 3399                | Potatoes - Prepared Aviko      | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |

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|                     |                                           | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
|---------------------|-------------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|
|                     |                                           | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |
| Product Description |                                           |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00998P             | Roasted Vegetables - Primary              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2513                | Carrots - Fresh                           |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2515                | Courgette - Fresh                         |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2516                | Leeks - Fresh                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 33568               | Rapeseed Oil                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2720                | Red Onions                                |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2722                | Red Peppers                               |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00094P             | Sausages GF 37g - Primary                 |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 54461               | Sausages Pork & Beef 12's - 38g - PRIMARY |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| R00312P             | Savoury Rice - Primary 50g Portion        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 16804               | Brakes Easy Cook Long Grain Rice          |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2521                | Cooking Onions                            |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 2721                | Green Pepper                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 33582               | Madras Curry Powder                       |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 4599                | Peas Catering                             |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |
| 33568               | Rapeseed Oil                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |

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| Product Description |                           | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                       |                       |                       |                       |                                  |                       |                       |                                  |                       |                                  |                       |  |  |
|---------------------|---------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|--|--|
|                     |                           | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                             | Sesame                | Peanuts               | Mustard               | Molluscs              | Milk                             | Lupin                 | Fish                  | Eggs                             | Crustaceans           | Cereals containing Gluten        | Celery                |  |  |
| 4782                | Sweetcorn                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 100445              | Vegetable Bouillon        | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00209P             | Sweetcorn Frozen Primary  | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 4782                | Sweetcorn                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R01341P             | Tomato Bread - Primary    | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 86206               | Brown Bread & Roll Mix    | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 399                 | Soft Bap Mix, McDougalls  | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 00035               | Tap Water                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 28326               | Tomato Paste              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00056P             | Vanilla Sauce - Primary   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 5946                | Cornflour                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 13573               | Dried Skimmed Milk Powder | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 114961              | Granulated Sugar          | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |

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|                     |                                     | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|-------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                     | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| Product Description |                                     |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 86874               | Vanilla Flavouring                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R01352              | Vanilla/Chocolate Cookie - Priimary |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 10678               | Cocoa powder                        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 114961              | Granulated Sugar                    |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 129273              | Margarine                           |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 100222              | Plain Flour                         |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 86874               | Vanilla Flavouring                  |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| R01289P             | Vegetable Fajitas - Primary         |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 450938              | 10 inch Plain Tortilla Wrap         |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 89538               | Brake Fajita Seasoning              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 89029               | Brakes Salsa                        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 71268               | Cheese - Grated Mature White        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 2721                | Green Pepper                        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 4034                | Quorn Pieces                        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 33568               | Rapeseed Oil                        |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
| 2720                | Red Onions                          |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |

## Recipe with Allergens

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| Product Description |                             | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|-----------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                             | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| 2722                | Red Peppers                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00394P             | Vegetable Nuggets - Primary | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ●      | ○ |  |
| 3732                | Vegetable Nuggets           | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ●      | ○ |  |
| R01342P             | White Bread - Primary       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls    | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 00035               | Tap Water                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01345P             | White/Brown Bread - Primary | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 86206               | Brown Bread & Roll Mix      | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls    | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      | ○ |  |
| 00035               | Tap Water                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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| Product Description |                                           | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|-------------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                           | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| R00507P             | All Day Breakfast - Fresh                 | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ●                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 28758               | Baked Beans, Reduced Salt & Sugar         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 36143               | Hash Brown                                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 3037                | Parsley x 200g                            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 54461               | Sausages Pork & Beef 12's - 38g - PRIMARY | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ●                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 112443              | Scrambled Egg ( Free Range)               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2750                | Tomatoes Fresh                            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00347J             | Apple Crumble H/M - Junior                | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 114961              | Granulated Sugar                          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 129273              | Margarine                                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 100222              | Plain Flour                               | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 5552                | Solid Pack Apples                         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00232P             | Baked Beans - PRIMARY                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 28758               | Baked Beans, Reduced Salt & Sugar         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 4510                | Baton Carrot                              | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |  |  |

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| Product Description |                              | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |
|---------------------|------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|
|                     |                              | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |
| R00123P             | Broccoli - Primary           | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| 4748                | Broccoli Florets 40/60mm     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| R01346P             | Brown Bread - Primary        | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |
| 86206               | Brown Bread & Roll Mix       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |
| 00035               | Tap Water                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| R00242P             | Cabbage - Fresh - Primary    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| 2510                | Cabbage Savoy                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| R01353              | Chicken Tikka wrap - Primary | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | ●    | *     | *    | *    | *           | *                         | *      |
| 71268               | Cheese - Grated Mature White | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |
| 2709                | Iceberg Lettuce              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| 00518               | Labo Tortilla Wrap 8"        | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |
| FA612M              | Raw Chicken Strips (Tikka)   | ◐        | ◐   | ◐    | ◐      | ◐       | ◐              | ◐          | ◐              | ◐         | ◐           | ◐           | ◐       | ◐    | ◐                             | ◐    | ◐      | ◐       | ◐       | ◐        | ◐    | ◐     | ◐    | ◐    | ◐           | ◐                         |        |
| 89708               | Tikka Sauce                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |
| 2750                | Tomatoes Fresh               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |
| R00228P             | Chips - Ovenbaked - Primary  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |

## Recipe with Allergens

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|                     |                              | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                              | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| Product Description |                              |          |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
| 36141               | Oven Chips Healthier Choices | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| R00127J             | Chocolate & Pear Sponge Jun  | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ●           | ○                         | ●      | ○ |  |
| 350098              | Caster Sugar                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 10678               | Cocoa powder                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 4802                | Free-Range Eggs              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ●           | ○                         | ○      |   |  |
| 129273              | Margarine                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 10572               | Pear Halves In Juice         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 9711                | Self Rasing Flour            | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ●      |   |  |
| R01334P             | Chocolate Custard            | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 10678               | Cocoa powder                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 5946                | Cornflour                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 13573               | Dried Skimmed Milk Powder    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 114961              | Granulated Sugar             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 00035               | Tap Water                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |
| 86874               | Vanilla Flavouring           | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |   |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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| Product Description |                                       | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|---------------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                       | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| R00011 J            | Chocolate Shortbread Junior           | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ●      | ○ |  |
| 10678               | Cocoa powder                          | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 114961              | Granulated Sugar                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 129273              | Margarine                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 100222              | Plain Flour                           | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ●      | ○ |  |
| 86874               | Vanilla Flavouring                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00930P             | Coleslaw- Home Made 25g PTN - Primary | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ◐        | ○    | ○     | ○    | ○    | ◐           | ○                         | ○      | ○ |  |
| 2513                | Carrots - Fresh                       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2606                | Dessert Apples                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2512                | Salad Cabbage                         | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2522                | Spanish Onions                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 126924              | Vegan Mayonnaise                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ◐        | ○    | ○     | ○    | ○    | ◐           | ○                         | ○      | ○ |  |
| R00040P             | Creamed Potatoes ( Fresh) - PRIMARY   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 129273              | Margarine                             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 3037                | Parsley x 200g                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 3399                | Potatoes - Prepared Aviko             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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|                     |                                  | Contains              |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |                                  |                                  |                                  |                       |                       |                           |                       |  |  |
|---------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|---------------------------|-----------------------|--|--|
|                     |                                  | Wheat                 | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                  | Sesame                | Peanuts               | Mustard               | Molluscs              | Milk                             | Lupin                            | Fish                             | Eggs                  | Crustaceans           | Cereals containing Gluten | Celery                |  |  |
| Product Description |                                  |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |                                  |                                  |                                  |                       |                       |                           |                       |  |  |
| 19665               | UHT Semi Skimmed Milk            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| R00107P             | Daily Salad Bar                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2513                | Carrots - Fresh                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2704                | Cucumbers                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 131394              | Diced Beetroot in water          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2721                | Green Pepper                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2709                | Iceberg Lettuce                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 4782                | Sweetcorn                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2750                | Tomatoes Fresh                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| R00279P             | Fish Finger - Primary            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 115800              | Youngs Free From MSC Fish Finger | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| R01349P             | Fruit Platter 1                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2651                | Conference Pears                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2606                | Dessert Apples                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |
| 2646                | Oranges Med                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |

## Recipe with Allergens

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| Product Description |                                | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |   |  |
|---------------------|--------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|---|--|
|                     |                                | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |   |  |
| R01350P             | Fruit Platter 2                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2618                | Banana-med                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2651                | Conference Pears               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 2646                | Oranges Med                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01343P             | Garlic Bread - Primary         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ◐     | ○    | ○    | ◐           | ○                         | ●      | ○ |  |
| 86206               | Brown Bread & Roll Mix         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ◐     | ○    | ○    | ◐           | ○                         | ●      | ○ |  |
| 33686               | Garlic Powder                  | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ◐           | ○                         | ●      | ○ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00043              | Gravy - Gluten Free Vegetarian | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ◐       | ○        | ◐    | ○     | ○    | ○    | ◐           | ○                         | ○      | ◐ |  |
| 114103              | Maggi GF Vegetarian Gravy      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ◐       | ○        | ◐    | ○     | ○    | ○    | ◐           | ○                         | ○      | ◐ |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R00206P             | Green Beans Frozen - PRIMARY   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| 4758                | Sliced Green Beans (6mm)       | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      | ○ |  |
| R01344P             | Herb Bread                     | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ○    | ◐     | ○    | ○    | ◐           | ○                         | ●      | ○ |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

acoulli@solihull.gov.uk

| Product Description |                                  | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|----------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                  | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| 86206               | Brown Bread & Roll Mix           | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 33590               | Mixed Herbs                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 399                 | Soft Bap Mix, McDougalls         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 00035               | Tap Water                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00223P             | Herby Diced Potato - PRIMARY     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 350002              | Diced Potato                     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 33590               | Mixed Herbs                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01331P             | Homemade Ham Pizza Primary       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 71268               | Cheese - Grated Mature White     | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ●    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| FA801R              | Cooked Sliced Ham                | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2521                | Cooking Onions                   | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 115043              | Maggi Rich & Rustic Tomato Sauce | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 399                 | Soft Bap Mix, McDougalls         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 00035               | Tap Water                        | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00022P             | Iced Fruit Smoothie              | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

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| Product Description |                                             | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                                  |                       |                       |                       |                       |                                  |                       |                       |                       |                       |                                  |                       |  |  |
|---------------------|---------------------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|--|--|
|                     |                                             | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                             | Sesame                | Peanuts               | Mustard               | Molluscs              | Milk                             | Lupin                 | Fish                  | Eggs                  | Crustaceans           | Cereals containing Gluten        | Celery                |  |  |
| 32572               | Mango & Orange Flavour Iced Smoothie 80ml   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00324P             | Jelly with Tinned Fruit - Primary           | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 15882               | Jelly Crystals Veg, McDougalls              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 88599               | Peach Slices In Juice                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00959P             | Natural Yoghurt Easiyo - with Fruit Topping | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 127451              | Easiyo Fruit Topping - Mixed                | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 112256              | Easiyo Natural Yoghurt Base                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00368P             | Pasta - Portion Primary                     | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 89179               | Wholemeal Fusilli Pasta                     | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| R00208P             | Peas Frozen - PRIMARY                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 4599                | Peas Catering                               | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00218P             | Potato Wedges - Primary                     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |

## Recipe with Allergens

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| Product Description |                                                 | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                                  |                       |                       |                       |                                  |                                  |                                  |                       |                                  |                                  |                       |                                  |                       |  |  |
|---------------------|-------------------------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|--|--|
|                     |                                                 | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites    | Soya                  | Sesame                | Peanuts               | Mustard                          | Molluscs                         | Milk                             | Lupin                 | Fish                             | Eggs                             | Crustaceans           | Cereals containing Gluten        | Celery                |  |  |
| 350028              | Potato Wedges                                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00321P             | Quorn Dippers - Primary                         | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 32561               | Quorn Dippers 21g                               | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| R00293P             | Roast Beef - Primary                            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| FA1077              | Beef Roasting Joint Red Tractor                 | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00212P             | Roast Potatoes - PRIMARY                        | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 3399                | Potatoes - Prepared Aviko                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R00383P             | Salmon & Sweet Potato Fish Cake 65g - Primary   | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 124068              | MSC Salmon & Sweet Potato Fish Cake Primary 65g | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| R00312P             | Savoury Rice - Primary 50g Portion              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 16804               | Brakes Easy Cook Long Grain Rice                | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2521                | Cooking Onions                                  | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2721                | Green Pepper                                    | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 33582               | Madras Curry Powder                             | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |

## Recipe with Allergens

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|                     |                                       | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                                  |                       |                                  |                       |                       |                                  |                       |                                  |                       |  |  |
|---------------------|---------------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|-----------------------|----------------------------------|-----------------------|----------------------------------|-----------------------|--|--|
|                     |                                       | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                  | Sesame                | Peanuts               | Mustard                          | Molluscs              | Milk                             | Lupin                 | Fish                  | Eggs                             | Crustaceans           | Cereals containing Gluten        | Celery                |  |  |
| Product Description |                                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 4599                | Peas Catering                         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 33568               | Rapeseed Oil                          | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 4782                | Sweetcorn                             | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                             | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 100445              | Vegetable Bouillon                    | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R01333P             | Spanish Omelette Primary              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 71268               | Cheese - Grated Mature White          | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 3023                | Chives                                | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 85120               | Cooking Salt                          | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 4802                | Free-Range Eggs                       | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 33578               | Ground White Pepper                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 129273              | Margarine                             | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2581                | Potatoes                              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2720                | Red Onions                            | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2722                | Red Peppers                           | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| R01337P             | Sweet Potato & Lentil Curry - Primary | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |

## Recipe with Allergens

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| Product Description |                                  | Contains                         |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                                  |                       |                       |                       |                       |                       |                       |                                  |                       |  |  |
|---------------------|----------------------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|----------------------------------|-----------------------|--|--|
|                     |                                  | Wheat                            | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                  | Sesame                | Peanuts               | Mustard                          | Molluscs              | Milk                  | Lupin                 | Fish                  | Eggs                  | Crustaceans           | Cereals containing Gluten        | Celery                |  |  |
| 16804               | Brakes Easy Cook Long Grain Rice | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2521                | Cooking Onions                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 3024                | Coriander                        | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 3036                | Garlic                           | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 34002               | Ground Cumin                     | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> |  |  |
| 33583               | Ground Ginger                    | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 33582               | Madras Curry Powder              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input checked="" type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 33568               | Rapeseed Oil                     | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 548                 | Red Lentils                      | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 4060                | Spinach                          | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2834                | Sweet Potato Orange              | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 00035               | Tap Water                        | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 2750                | Tomatoes Fresh                   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 132698              | Triple Lion Mild Chilli Powder   | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 132695              | Turmeric                         | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |
| 100445              | Vegetable Bouillon               | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>            | <input type="radio"/> |  |  |

| Legend                           |                  |
|----------------------------------|------------------|
| <input checked="" type="radio"/> | Contains         |
| <input type="radio"/>            | May Contain      |
| <input type="radio"/>            | Does Not Contain |
| *                                | No Information   |

## Recipe with Allergens

acoulli@solihull.gov.uk

|                     |                                         | Contains               |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                               |                        |                        |                        |                        |                        |                        |                        |                        |                        |                        |                           |                        |                        |
|---------------------|-----------------------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|-------------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|---------------------------|------------------------|------------------------|
|                     |                                         | Wheat                  | Rye                    | Oats                   | Barley                 | Walnuts                | Pistachio Nuts         | Pecan Nuts             | Macadamia Nuts         | Hazelnuts              | Cashew Nuts            | Brazil Nuts            | Almonds                | Nuts                   | Sulphur Dioxide and Sulphites | Soya                   | Sesame                 | Peanuts                | Mustard                | Molluscs               | Milk                   | Lupin                  | Fish                   | Eggs                   | Crustaceans            | Cereals containing Gluten | Celery                 |                        |
| Product Description |                                         | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| R00209P             | Sweetcorn Frozen Primary                | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 4782                | Sweetcorn                               | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| R00566P             | Tomato Pasta Bake with Cheese - Primary | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 71268               | Cheese - Grated Mature White            | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 6437                | Chopped Tomatoes                        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 2521                | Cooking Onions                          | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 33686               | Garlic Powder                           | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 33590               | Mixed Herbs                             | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 33568               | Rapeseed Oil                            | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 00035               | Tap Water                               | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 28326               | Tomato Paste                            | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 100445              | Vegetable Bouillon                      | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 89179               | Wholemeal Fusilli Pasta                 | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| R00056P             | Vanilla Sauce - Primary                 | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 5946                | Cornflour                               | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |
| 13573               | Dried Skimmed Milk Powder               | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>        | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div> | <div><div></div></div>    | <div><div></div></div> | <div><div></div></div> |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

## Recipe with Allergens

acoulli@solihull.gov.uk

| Product Description |                                | Contains |     |      |        |         |                |            |                |           |             |             |         |      |                               |      |        |         |         |          |      |       |      |      |             |                           |        |  |  |
|---------------------|--------------------------------|----------|-----|------|--------|---------|----------------|------------|----------------|-----------|-------------|-------------|---------|------|-------------------------------|------|--------|---------|---------|----------|------|-------|------|------|-------------|---------------------------|--------|--|--|
|                     |                                | Wheat    | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide and Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |  |  |
| 114961              | Granulated Sugar               | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 86874               | Vanilla Flavouring             | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R00404P             | Vegetable Sticks - 50g portion | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |  |  |
| 4510                | Baton Carrot                   | *        | *   | *    | *      | *       | *              | *          | *              | *         | *           | *           | *       | *    | *                             | *    | *      | *       | *       | *        | *    | *     | *    | *    | *           | *                         | *      |  |  |
| 2704                | Cucumbers                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2724                | Orange Peppers                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2722                | Red Peppers                    | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| 2723                | Yellow Peppers                 | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01342P             | White Bread - Primary          | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 00035               | Tap Water                      | ○        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ○    | ○      | ○       | ○       | ○        | ○    | ○     | ○    | ○    | ○           | ○                         | ○      |  |  |
| R01345P             | White/Brown Bread - Primary    | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 86206               | Brown Bread & Roll Mix         | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ●    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |
| 399                 | Soft Bap Mix, McDougalls       | ●        | ○   | ○    | ○      | ○       | ○              | ○          | ○              | ○         | ○           | ○           | ○       | ○    | ○                             | ◐    | ○      | ○       | ○       | ○        | ◐    | ○     | ○    | ◐    | ○           | ●                         | ○      |  |  |

| Legend |                  |
|--------|------------------|
| ●      | Contains         |
| ◐      | May Contain      |
| ○      | Does Not Contain |
| *      | No Information   |

Recipe with Allergens

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| Product Description |           | Contains              |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                               |                       |                       |                       |                       |                       |                       |                       |                       |                       |                       |                           |                       |  |  |
|---------------------|-----------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|---------------------------|-----------------------|--|--|
|                     |           | Wheat                 | Rye                   | Oats                  | Barley                | Walnuts               | Pistachio Nuts        | Pecan Nuts            | Macadamia Nuts        | Hazelnuts             | Cashew Nuts           | Brazil Nuts           | Almonds               | Nuts                  | Sulphur Dioxide and Sulphites | Soya                  | Sesame                | Peanuts               | Mustard               | Molluscs              | Milk                  | Lupin                 | Fish                  | Eggs                  | Crustaceans           | Cereals containing Gluten | Celery                |  |  |
| 00035               | Tap Water | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>     | <input type="radio"/> |  |  |

Legend

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Contains

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No Information