Solihull Catering Services would like to advise you of the upcoming menus and promotional fun days.

We would like to encourage more children to eat lunch with us.

Those entitled to free school dinners (including all infant children!) can participate for free and this is a great opportunity for your child to eat a healthy balanced diet in a fun atmosphere alongside their friends.

If you would like your child to join us, please use the Parent-Pay facility where applicable.

Look out for promotional menus and themed days designed to make lunchtime more fun and interesting!







## Fish & Chip Dinners every Monday! Roast Dinner every Wednesday! Every Friday is Pizza Friday!







ALLERGEN INFORMATION IS AVAILABLE ON REQUEST - CONTACT THE KITCHEN IF NEEDED

JACKET POTATOES ARE AVAILABLE AS AN ALTERNATIVE TO THE MENUS SHOWN BELOW WITH A CHOICE OF FILLINGS: CHEESE, TUNA AND BAKED BEANS!

Even more choice & more reason to choose a school meal at lunchtimes!

Monday 14 January
Bacon Steak & Pineapple
Breaded Chicken Goujons
Fish Fingers and Chips
Filled Baguettes
Bakewell Traybake, Fruit,
'oghurt or Cheese & Crackers

Tuesday 15 January
Beef Lasagne
Shredded Pork & Yorkshire
Pudding
Vegetarian Lasagne
Filled Baguettes
Carrot Cookie, Fruit, Yoghurt

Wednesday 16 January
Roast Pork & Apple Sauce
Chicken Breast & Stuffing
Quorn Fillet

Filled Baguettes 
Oaty Apple Crumble & Custard, Fruit, Yoghurt or Cheese & Crackers

Thursday 17 January
Beef Grill in a Bun
Cheese Whirl
Quorn Burger in a Bun
Filled Baguettes
Frozen Yoghurt, Fruit,
Yoghurt or Cheese &
Crackers

Priday 18 January
Pooh's Pizza
Piglets in a Pastry Blank
Tigger's Tails Tomato Pasta
Filled Baguettes
Hunny Oat Bar, Gingerbread
Bears, Shortbread Owls,
Fruit, Yoghurt or Cheese &
Crackers

## Winnie the Pooh Themed Lunch ~ Friday 18th January

or Cheese & Crackers

celebrating the beloved honey-obsessed bear that's been entertaining children since 1926

Monday 21 January
Seaside Fish & Chips
Chicken Curry
Vegetarian Sausage Roll
Filled Baguettes
Chocolate Coconut Slice, Fruit,
Yoghurt or Cheese & Crackers

Tuesday 22 January
Pork Sausages
Chicken Pasta Bake
Vegetarian Sausage
Filled Baguettes
Iced Sponge, Fruit, Yoghurt
or Cheese & Crackers

Wednesday 23 January
Roast Beef & Yorkshire
Pudding



Steamed Jam Sponge & Custard, Fruit, Yoghurt or Cheese & Crackers Thursday 24 January
Mesakaa (Eguptian Moussaka)
Hawawshi (Minced Beef
stuffed Pita Bread)

Ruzz-Bi-L Khudar (Savoury Rice & Vegetables)

Filled Baguettes

Basboosa, Fruit, Yoghurt or
Cheese & Crackers

Friday 25 January
Pizza
Salmon Fillet Fingers
Vegetable Nuggets
Filled Baguettes
Apple Flapjack, Fruit,
Yoghurt or Cheese &
Crackers

## Egyptian Themed Lunch ~ Thursday 24th January Year 6 topic

Monday 28 January
Beef Bolognaise
Pork Loin Slice
Seaside Fish & Chips
Filled Baguettes
Gingerbread Biscuit, Fruit,
Yoghurt or Cheese & Crackers

Tuesday 29 January
Pork Meatballs
Cornish Pasty
Quorn Swedish Balls
Filled Baguettes
Apple Eve Sponge &
Custard, Fruit, Yoghurt or
Cheese & Crackers

Wednesday 30 January
Cottage Pie
Chicken Breast & Stuffing
Quorn Roast
Filled Baguettes
Red, White & Blue Iced
Sponge, Fruit, Yoghurt or
Cheese & Crackers

Thursday 31 January
BBQ Chicken Breast
All Day Breakfast
Country Bake
Filled Baguettes
Chocolate Oatcake, Fruit,
Yoghurt or Cheese &
Crackers

Friday 1 February
Pizza
Vegetable Bolognaise
Vegetarian Lasagne
Filled Baguettes
Italian Butter Cookies, Fruit,
Yoghurt or Cheese & Crackers

London, England Theme – Wednesday 30<sup>th</sup> and Rome, Italy Theme Friday 1<sup>st</sup> February Year 4 topic – Where in the World

Monday 4 February
Bacon Steak & Pineapple
Breaded Chicken Goujons
Fish Fingers and Chips
Filled Baguettes
Bakewell Traybake, Fruit

Bakewell Traybake, Fruit, Yoghurt or Cheese & Crackers Tuesday 5 February
Sweet Chilli Chicken Breast & Noodles
Sweet & Sour Shredded
Pork & Yorkshire Pudding
Vegetarian Curry & Rice
Filled Baguettes
Shortbread Pigs, Fruit,
Yoghurt or Cheese & Crackers

Wednesday 6 February
Roast Pork & Apple Sauce
Chicken Breast & Stuffing
Quorn Fillet

Filled Baguettes
Oaty Apple Crumble &
Custard, Fruit, Yoghurt or
Cheese & Crackers

Thursday 7 February
Beef Grill in a Bun
Cheese Whirl
Quorn Burger in a Bun
Filled Baguettes
Frozen Yoghurt, Fruit,
Yoghurt or Cheese &
Crackers

Pizza
Quorn Tikka Pasty
Cheesy Jacket Potato
Filled Baguettes
Cocoa Brownie, Fruit,
Yoghurt or Cheese &
Crackers

Chinese New Year Theme Tuesday 5th February

