

Join us for Tea & Talk

**Have a natter.
Raise money.
Change lives.**

**TEA
& TALK**

Mental Health Foundation



Where:

When:

Contact:

We're holding a tea party to mark World Mental Health Day and raise funds to help create good mental health for all.

teaandtalk.org.uk

Good mental health for all.



Mental Health
Foundation

Registered Charity No.
England 801130, Scotland SC039714.
Company Registration No. 2350846.



Registered with
**FUNDRAISING
REGULATOR**