

Being a Parent

A **Free** weekly group for parents of children aged 2-12

Commands, consequences & rewards

Listening skills

Saying No

Understanding your child's behaviour



Setting boundaries

Coping with Stress

Communicating with your child

Friday 3rd May
to
Friday 5th July
9-11am

Kinghurst Primary School, B37 6BN



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

**Believe in
children**
 Barnardo's

Book your place now

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