## DISHES AND THEIR ALLERGEN CONTENT – Week 1

■ Contains

O May Contain

| | | Wheat | Rye | Oats | Barley | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Hazelnuts | Cashew Nuts | Brazil Nuts | Almonds | Nuts | Sulphur Dioxide & Sulphites | Soya | Sesame | Peanuts | Mustard | Molluscs | Milk | Lupin | Fish | Eggs | Crustaceans | Cereals containing Gluten | Celery |
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| **Turkey** 70013 | 0.9g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Chipolata** 34049 | 1.12g | ■ | | | | | | | | | | | | | ■ | | | | | | | | | | | ■ | |
| **Stuffing** 28340 | 9.8g | ■ | | | | | | | | | | | | | | | | | | | | | | | | ■ | |
| **Roast Potatoes** 4625 vegan | 17.6g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Quorn Vegan Fillet** 150295 | ???g | ■ | | | | | | | | | | | | | | | | | | | | | | | | ■ | |
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| **Gravy** 136677 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| **Creamed Potatoes** | 17.6g | | | | | | | | | | | | | | | | | | | | ■ | | | | | | |
| **Halal Chicken Sausage** 105850 | | ■ | | | | | | | | | | | | | ■ | | | | | | | | | | | ■ | |
| **Carrots 33453** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Peas** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Parsnips** | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **College Pudding** | 75.44g | ■ | | | | | | | | | | | | | ■ | | | | | | | | | | | ■ | |
| Bread | | ■ | | | | | | | | | | | | | | | | | | | | | | | | ■ | |
| Sultanas 85702 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Raisins 268 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugar 114961 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Plain flour 100222 | | ■ | | | | | | | | | | | | | | | | | | | | | | | | ■ | |
| Cooking & baking 129274 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Treacle 128762 | | | | | | | | | | | | | | | ■ | | | | | | | | | | | | |
| Bicarbonate of Soda 33596 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ground mixed Spice 33710 | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| **Ice Cream Christmas Tree** | 15.28g | | | | | | | | | | | | | O | | ■ | | O | | | ■ | | | O | | | |
| **Chocolate Cracknell** | 49.39g | | | | ■ | | | | | | | | | | | | | | | | | | | | | | |
| Cornflakes | | | | | ■ | | | | | | | | | | | | | | | | | | | | | | |
| Sugar | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cooking & baking | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Syrup | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cocoa | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **Custard** | 6.3g | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugar | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Milk Powder 13573 | | | | | | | | | | | | | | | | | | | | | ■ | | | | | | |
| Custard Powder 85842 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| **Ice Cream Tub** 34107 | | | | | | | | | | | | | | | | | | | | | ■ | | | | | | |
| **Chocolate Donut** 67038 | | ■ | | | | O | O | O | O | O | O | O | O | O | | ■ | | | | | ■ | | | ■ | | ■ | |
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